



St Matthew with St Paul
Pilgrims on a journey

17 March 2019
The second Sunday of Lent

Welcome

A warm welcome to everyone, and especially if you are new or visiting. Do please stay on for drinks and to meet people after the 9.30 and 11.15 services and keep this welcome sheet for your prayers this week.

Prayer

- with the Anglican Communion we pray for the Church of England; for Archbishop Justin; for Bishops Tim and David
- the Sisters of St Andrew in Lyon, among them Sister Katie Seal
- our mission giving: £1,500 for USPG (United Society – Partners in the Gospel) for their work in direct partnership with Anglican churches around the world, helping those in greatest need
- for Christian Aid's work in maternal health in Sierra Leone, where one in nine children don't live to see their fifth birthday; for the series of talks in the coming week by Joanna Tom-Kargbo, including one at St Paul's
- our Prime Minister and all members of parliament; for the EU's negotiators; for a way out of entrenched positions towards a solution
- our personal preparations during this season of Lent in prayer, study of God's word and self-discipline in readiness for Easter; a blessing on our Lent courses
- all who attend our toddler group; for Victoria McCabe as she leads it, and those who help; give thanks for recent new volunteers, praying for a few more
- for the *Building for Life* grant applications being assessed this week
- the unwell: Caroline Behan, Henry Drew, Vera Edwards, Liz Elsworthy, Judy Golding, Andrew James, Julia Jones, Laura Liepins, Emma and Mark Miller, Kate Morgan, Hugh Peskett, Les Scott, Jane Seal and Nicki Smith; all awaiting appointments or treatments
- those who have died recently, including Doreen Giles and Alison Farmer; all who live with the pain of untimely death; God's comfort for their families and friends and all who remember loved ones

Please feel free to put prayer requests on the board at the back of church or e-mail them to admin@stmatthewstpaul.org.
St Paul's Lady Chapel is set up for prayer, either alone or with one of the prayer ministry team, after the 9.30 parish communion service.

Services today, 17 March

8 am
St Matthew's

[BCP] Holy Communion

Readings: p. 88



9.30 am
St Paul's

Parish Communion with DIY crèche, Scramblers,
Climbers, Explorers, Destination and Transition

Order of service in white booklet

Collect

God of the covenant,
your presence fills us with awe,
your word gives us unshakable hope.
Fix in our hearts
the image of your Son in glory,
that, sustained on the path of discipleship,
we may pass over with him to newness of life.
Grant this through Christ, our deliverance and hope.
Amen.

Readings

Philippians 3: 17–4: 1 [p. 822]

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation so that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

Luke 13: 31–35 [p. 822]

At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you'. He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord".'

Choir	'Drop, drop slow tears' by Orlando Gibbons, arr. David Blackwell 'Wash me thoroughly' [sic] by David Halls
Post Communion	Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.
11.15 am St Matthew's	[BCP] Mattins
Readings	<i>Philippians 3: 17–4: 1; Luke 13: 31–35 [p. 822]</i> <i>See above</i>
4 pm St Paul's	St Paul's @ 4 family service, 'The good Samaritan'

Services next Sunday, 24 March

The third Sunday of Lent

8 am St Matthew's	[BCP] Holy Communion <i>Readings: p. 89</i>
9.30 am St Paul's	Parish Communion <i>Readings: Isaiah 55: 1–9; Luke 13: 1–9 [p. 823]</i>
11.15 am St Matthew's	[BCP] Mattins <i>Readings: Isaiah 55: 1–9; Luke 13: 1–9 [p. 823]</i>
3.30 pm Cathedral	Peter Seal preaching at Evensong

LENT IN THE PARISH

Tuesday evenings

Ongoing, 7.30 pm, parish rooms
Silent meditation in the Christian tradition



Wednesday mornings, 'On the third day'

Until 10 April, 10–10.55 am, St Matthew's

Rationale: The resurrection is the Big Story that turned a little Jewish protest movement into a world-transforming religion. And yet by Easter Monday we've almost forgotten about it and are planning our summer holidays. How can we re-capture the explosive power of the resurrection that ricocheted around the world? How can we live in the glow of resurrection and be an Easter people? How can 'there and then' become 'here and now'?

Get your York course booklet on the day, or in advance from Jean Gardner (cost £4). Session leaders include Christine Bennett, Michael Joseph, Talia Hedstrom and Heather Riley.

Wednesday evenings

Until 10 April, 7.30–9 pm, parish rooms

- 20 March 'Aspects of prayer' led by Mary Copping
- 27 March 'Repentance – better than you think' led by Christopher Seaman
- 3 April 'What are we waiting for?' led by Michael Joseph
- 10 April 'Lent – going deeper' led by Mary Copping and Peter Seal

Lent plastic challenge calendar

An Eco Church resource – pick up the full calendar at the back of church

- 17 March Every day millions of microplastics enter the sea from toiletry products. Start a conversation about how you are taking action on plastics at church.
- 18 March Look around your bathroom and see what plastics you can replace. Do you have plastic bottles sitting in the shower? Find a brand you like and try to get it in bulk. If it's not available in bulk, ask the manufacturer to offer it.
- 19 March Use a razor with removable blades. Disposable razors and razor blades are two of the biggest contributors to plastic waste.
- 20 March Check labels of toiletries. Did you know that some facial scrubs and toiletry products contain tiny plastic beads? Avoid anything with polyethylene listed as an ingredient.
- 21 March Use a bamboo toothbrush or a toothbrush with a recyclable head and try to find dental floss that doesn't come in plastic packaging.
- 22 March Use bar soap instead of liquid hand soap. This is an easy change to make; if you are feeling keen you can even make your own soap bars.
- 23 March Choose lotions and lip balms in plastic-free containers. Some shops will now refill glass toiletry containers or give you a discount if you return old packaging.

The week ahead

Mon 18, 4.30 pm	Evening Prayer	Parish rooms
Tues 19, 4.30 pm	Evening Prayer	Parish rooms
7.30 pm	Christian meditation	Parish rooms
Wed 20, 10–10.55 am	Lent study group 'On the third day'	St Matthew's
11 am	[BCP] Holy Communion	St Matthew's
4.30 pm	Evening Prayer	Vestry
7.30 pm	Lent talk followed by discussion	Parish rooms
Thurs 21, 9.30–11.30 am	Toddler group	Parish rooms
Fri 22, 7.30 pm	Talk by Joanna Tom-Kargbo of Christian Aid Sierra Leone	St Paul's

Diary dates

March

Wed 27, 10–10.55 am	Lent study group	St Matthew's
7.30 pm	Lent talk	Parish rooms
Fri 29, 10 am–1 pm	Mothering Sunday posy-making	St Paul's
Sun 31	Mothering Sunday	
6 pm	Taizé service	Cathedral

April

Tues 2, 9.15 am	Chapter meeting	St Paul's
Wed 3, 10 am	Lent study group	St Matthew's
7.15 pm	Finance committee	Orchard End
7.30 pm	Lent talk	Parish rooms
Thurs 4, 8.30 am	<i>Building for Life</i> steering group	St Paul's
Fri 5, 9.30 am	Pre-school Easter celebration	St Paul's
Sun 7, 1.30 pm	Baptism of Emilia New	St Matthew's
Tues 9, 7 pm	Women's group	Roebuck Inn
7.45 pm	PCC meeting	St Paul's
Wed 10, 10 am	Lent study group	St Matthew's
7.30 pm	Lent talk	St Paul's
Thurs 11	Deadline for magazine articles	
Sun 14	Palm Sunday, start of Holy Week	
Thurs 18, 7.30 pm	Maundy Thursday service	St Paul's
Fri 19	Good Friday	
Sat 20, 10 am	Children make Easter garden	St Paul's
8 pm	Vigil service	St Paul's
Sun 21	Easter Day	
Sun 28, 6 pm	Taizé service	Cathedral
Mon 29, 7.30 pm	Annual parochial church meetings	St Paul's

May

Sat 11, all day	Community Day, 'The Circus'	St Paul's
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Coming up

Delivering Hope You are invited to a Christian Aid presentation by Joanna Tom-Kargbo from Sierra Leone at St Paul's on Fri 22 March, 7.30 pm. Please see enclosed article for further details.

Ecology and Spirituality: A Burgeoning New Field Reflecting the necessity for human beings to reduce their negative impact on the natural world, the Institute for Theological Partnerships is hosting a talk by Dr Andy Letcher of Schumacher College, who specialises in the intersection of science, religion and spirituality. Wed 27 March, 6.30–8 pm, Room 9, University of Winchester Business School; register via the Eventbrite website (free).

Dramatic staging of Handel's 'Messiah' at St Lawrence's on Fri 5 April, 7 pm. In this professional production by the Merry Opera Company, 12 strangers seek spiritual comfort in their struggle to understand the world. Singing together in a church, they inspire each other to pick up the ragged ends of their faith and look to the future with hope. Tickets £18 + booking fee from 0333 666 4466, www.merryopera.co.uk (limited capacity – book early to avoid disappointment).

Men's weekend at Hilfield Friary Already planned for 11–13 October 2019 – save the date! Do contact Adrian McKenzie, adrian@deeandage.com, to find out more.

Notices

Wheelchair We have been offered a wheelchair to be passed on to someone who needs it in exchange for a donation to *Building for Life* (minimum £50). The chair is a Days Healthcare Swift bought for £240 in 2010 and comes with user manual. It has been fairly little used and is very light, especially when the wheels are removed. To view the chair, please contact libby.merriman@btinternet.com (photos available in parish office).

Toddler group Huge thanks to Ronnie Hartley, Frances Adams and Frances Birkett for stepping in to help at toddler group on Thursday mornings! We would love a few more volunteers to join us, say once a month, so that we can have a rota with a couple of people helping each week. If you're interested or have any questions please contact Victoria McCabe, 07971545573, vlbrooks@hotmail.com.

The Passion narrative Volunteers are invited to read the Narrative of the Passion of Christ on Palm Sunday, 14 April; rehearsal at St Paul's on Friday 12 April, 7.30 pm. Please let us hear from you! Contact Mary Copping, 07921 886016, youth@stmatthewstpaul.org, or Adrian McKenzie, adrian@deeandage.com.

Remember a loved one with an Easter lily Lilies are flowers often associated with mourning but also point to the Christian hope in resurrection. It is a tradition at Easter, after the waiting days of Lent, to have some special white lilies in church as a symbol of new life. If you'd like to give a lily to remember someone you love, please contact Katy Palacio by Mon 1 April giving the name(s) of the person/people you would like remembered and a donation. Cheques should be made payable to 'St Matthew's PCC'. We suggest a minimum of £3.50 per name/lily stem. A list of the names of those remembered will be on display on Easter Day, 21 April.



Community Day, 'The Circus', Sat 11 May 'We're making great progress with our circus-themed Community Day and thank those of you who have already volunteered your time and skills. We're still in need of some assistance with the raffle and homes to place our promotional Charters boards, so these are this week's pleas for help! The raffle is an integral part of the day and brings a great end to the proceedings (and of course enables some happy people to leave clutching their newly acquired goodies). We anticipate having

20 Charters boards, so do drop Adrienne an e-mail if you're willing to have one in your front garden in the lead-up to the day. Thank you in advance for your help.'

– Kat, Adrienne and Roger, rogerjbj@yahoo.co.uk, adriennemarsden01@gmail.com

The electoral roll is to be completely renewed this year: the existing roll will be scrapped and *everyone* needs to complete a new application form. If you haven't yet done this, please do so as soon as possible and give it to Maggie Brecknell at St Paul's (856552, brecknell1@uwclub.net) or Dick Wilkinson at St Matthew's, or return it via the parish office. We're still a long way off our expected count of 270!

'Love Miles' scheme Flying presents a huge environmental dilemma but for those of us with family all over the globe or unavoidable business commitments, sometimes flying is the only practical option. But don't despair. When you fly, make a donation to WinACC using their new 'Love Miles' levy and they will plant new fruit trees around Winchester and build a fund for local renewable investments. And if you know a local group, school or care home that would like to receive the trees bought by 'Love Miles', put them in touch with contactus@winacc.org.uk, 827083.

Trinity Centre Donations of men's and women's casual clothes, shoes and warm items appreciated; contact lucy@trinitywinchester.org.uk.

Winchester women's refuge A safe haven for women and children fleeing domestic abuse. Please help by leaving towels and toiletries in the box at the back of church.

Nightshelter Please donate strong black bin bags, floor cleaner, kitchen roll or white sugar via the box at the back of St Paul's.

Interested in meeting people/getting involved?

- *Toddler group* (0–3 years) runs on Thursdays, 9.30–11.30 am in the parish rooms: play, craft, singing, stories and snacks (coffee, etc. for grown-ups!)
- *Women's group* next meets Tues 9 April, 7 pm, at the Roebuck for supper; contact Julia Seal, 854849, julia.seal@ntlworld.com
- *Tea with Friends* runs on the second Monday of the month, 2.30–4.30 pm; please contact Linda Russell-Smith, 853584, or Heather Riley, 862867
- *St Paul's Coffee Pot* pop-up café next meets in May, 10 am–noon in St Paul's, for real coffee, homemade cakes and a chat (donations to *Building for Life*); children welcome
- *Daytime book group* next meets in May; please contact Talia Hedstrom, 868728, or Christine Bennett, 852681
- *Meditation group* meets on Tuesdays, 7.30 pm in the parish rooms – come as you are and rest in God's presence
- *Tuesday homegroup* restarts after Lent on 5 May, 7.45–9.15 pm; please contact James Clay, 852141
- *Thursday homegroup* meets fortnightly, 7.30 for 7.45 pm, reconvening after Lent on 9 May; please contact Peter and Irene Casey, 808776



Contact us

Canon Peter Seal, Rector

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Parish Office (generally open M, W, F, 9.30–3), St Paul's Church, St Paul's Hill, Winchester SO22 5AB, 844878, www.stmatthewstpaul.org

Please make cheques payable to St Matthew's PCC – all gifts gratefully received

Please send in any notices for the welcome sheet to ursula@stmatthewstpaul.org by Wednesday evening for inclusion the following Sunday